

PROGRAM MATRIX

SERVICE MATRIX: Comparing California School Age Families Education (Cal-SAFE), Early Head Start, Adolescent Family Life Program (AFLP), Cal-Learn, and Even Start Programs

Cal-SAFE programs are encouraged to collaborate with other programs and agencies that serve teen parents. Such collaborations provide greater resources and result in more comprehensive services than any one of the programs could provide alone. When working together it is important to be aware of the differences in program requirements such as goals, eligibility, scope of work, etc. and to design a system that meets the requirements of all participating programs and does not duplicate services. This matrix of the programs that commonly collaborate with Cal-SAFE programs is a tool to identify the similarities and differences in the programs.

	Cal-SAFE	Early Head Start	AFLP	Cal-Learn	Even Start
Eligibility <i>Child</i>	Child of enrolled California School Age Families Education (Cal-SAFE) student. No income requirement.	Based on family income. 90% of participants must be under the Federal Poverty Level. 10% of children served must be identified as special needs.			Children of enrolled parent
<i>Parent/Student</i>	Expectant or parenting teen enrolled in school working toward diploma or equivalent.	Pregnant woman or family of zero to three years old that meets federal income guidelines.	Pregnant or parenting teens (including expectant fathers) who are actively involved in their child's life, are not eligible for Cal-Learn, and choose to enroll in Adolescent Families Life Program (AFLP)	Pregnant or parenting teen receiving CalWORKs cash aid must be enrolled in Cal-Learn.	Parents that are low income, and have low literacy skills with children birth to seven years.
Age <i>Child</i>	Age zero to five years or entry into kindergarten	Age zero to three years			Age zero to seven years
<i>Parent/Student</i>	18 years or younger upon enrollment, one semester past 19 th birthday. Student with active Individual Education Plan (IEP) eligible until 22 nd birthday, or until graduation.	No age definition for parent	Females may enroll in AFLP through their 18 th year, and may continue until age 20. Males may enroll and continue in the program through age 20.	To 20 th birthday. Or until graduation or equivalent	Eligible for adult education
Eligible Agency	Local Education Agency (LEA)	Head Start Can be operated by public, non-profit or for-profit agency. May be grantee or delegate agency.	Public or Community Based Organization by contract with Department of Health Services (DHS)	County Welfare Department	Local education agency applying jointly with a community-based organization, public agency, institution of higher education, or other nonprofit.

	Cal-SAFE	Early Head Start	AFLP	Cal-Learn	Even Start
Child Care Location	On or near school site (locally defined)	Anywhere in agency service area	N/A	Parental Choice	Usually on the same site as the parent education
Mode of delivery of child care and development services	Center or Child Care Network	Home-based, center-based, or family child care network	N/A	Part of the Cal-Works child care system (Alternative Payment Program, Parental Choice)	Usually center based. May be home based.
License Requirements	Centers Exempt, but must meet health and safety requirements of Title 22. Network providers must be licensed.	Title 22 and Head Start Performance Standards	N/A	Title 22 (May fund child care which is exempt from licensing per Title 22.)	Title 22. May be license exempt if operated by adult education
Child Care Staffing	Title 5	Title 22 and Head Start Performance Standards	N/A	Title 22	Title 22
Reimbursement Rates/Funding for Child Care	Standard Reimbursement Rate (equal to General Child Care) adjusted for the age of child and length of day.	Funded enrollment negotiated with Administration for Children and Families (ACF) as a part of the grant process.	N/A	Based on local market rate.	
In-Kind Match	N/A	25% non-Federal Match required	Not required, but varies by agency	N/A	15 to 50% non-Federal match. Increases each year of grant
Funding for Student (Parent) Support	Based on ADA	Included in funded enrollment	N/A		
Health Screening	Physician's Health Report is required before enrollment in the child care and development component. Immunizations must be kept up to date. Other health services by referral.	Initial health assessment required within 45 days of enrollment. Ongoing health evaluation required. Head Start agency helps the family establish a medical home.	Comprehensive Baseline Assessment (CBA) is required upon enrollment. Health elements include general health, mental health, nutrition, family planning, and pregnancy/delivery/post partum		
Assessment <i>Child Developmental Profile</i>	Part of the Desired Results System	May use Desired Results Developmental Profile for programs that are collaborating with California Department of Education (CDE) programs. Early Head Start (EHS) requires an ongoing assessment of children after initial assessment (within 45 days) but does not specify a particular instrument. Head Start (three to five year olds) requires periodic assessments	CBA includes information on basic health, nutrition, and developmental milestones for the AFLP client's child.		
<i>Parent/Student</i>	GradStar provides documentation of Social Service needs of Parent.		In addition to health screening elements, the CBA includes	ISP that specifies goals, interventions, activities, services,	

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		information on education, employment, housing, financial and other psychosocial elements. The CBA forms the basis for the Individual Service Plan (ISP) that specifies goals, interventions, activities, services, and timelines in response to the unique needs of the client.	and timelines in response to the unique needs of the client.	
In 2003 will participate in the Coordinated Compliance Review process. Annual Self-Evaluation required.	Annual Performance Self-Review based on Head Start Performance standards. Involves staff, parents, and community reviewers. (PRISM) Validation Review every three years.	Ongoing monitoring of performance through semiannual agency reports and agency specific and statewide Management Information Systems (MIS) data. On-site review of case records and other program documents is conducted periodically by State program consultant. Audits, an examination of records or accounts to verify their accuracy, may be done by DHS, Audits and Investigations, or by Federal auditors	State staff makes site visits on an as needed basis. Also, case management agencies are audited by county welfare departments as required by contract.	
None at the local level. There is a cap at the state level based on the amount of funding in the state budget.	EHS Agency receives funding per child/family unit based on negotiated grant process and allocation of federal funding	Funding is based on the number of clients served and "Months of Service" provided and is a condition of the contract with DHS.	No, all eligible teens are served.	
County Service Coordination Plan (CSCP) required. AFLP, Cal-Learn, Local Child Care Planning, all LEA's operating Cal-SAFE and other agencies offering services to school aged families.	Collaboration: planning and working with other agencies in order to improve, share, and augment services, staff, information and funds. In California, most EHS agencies collaborate with regional centers.	Formal collaborative agreements Memorandum of Understanding (MOUs), Inter-Agency Agreements (IAAs) are not required by DHS, but agencies are required by program standards and contracted scope of work to develop and maintain collaborative relationships with local service providers and other State and local agencies to assure comprehensive systems of care for children and adolescents. CDE requires that Cal-SAFE programs collaborate with AFLP in developing their	Formal collaborative agreements (MOUs, IAAs) are not required by California Department of Social Services but agencies are required by program standards and contracted scope of work to develop and maintain collaborative relationships with local services providers and other State and local agencies to assure comprehensive systems of care for children and adolescents. CDE requires that Cal-Safe programs collaborate with Cal-Learn in developing their CSCP.	

Cal-SAFE	Early Head Start	AFLP	Cal-Learn	Even Start
<p>Program Goals</p> <ol style="list-style-type: none"> 1. A significant number of eligible female and male pupils in need of targeted supportive services related to school success will be served. 2. Pupils shall have the opportunity to be continuously enrolled in the Cal-SAFE program through graduation from high school. 3. Pupils served who receive program services for one or more years will earn a high school diploma or its equivalent or demonstrate progress towards completion of education goals. 4. Pupils served who graduate will transition to postsecondary education, including a technical school, or into the world of work. 5. Pupils served and their children will not become welfare dependent. 6. Pupils served will demonstrate effective parenting skills. 7. Pupils served will not have a repeat birth or father a repeat pregnancy before graduating from high school. 8. Pregnant pupils served will not have a low birth weight baby. 9. Children of enrolled teen parents will receive child care and development services based upon the assessed developmental and health needs of each child 10. Children of enrolled teen parents will receive health 	<p>Head Start is a child development program serving children from 0 to kindergarten (zero to three for EHS), pregnant women, and their families. The overall goal is to increase the social competence of young children in low-income families.</p>	<p>CSCP.</p> <ol style="list-style-type: none"> 1. Adolescents, their families, and their social support systems will be served by effective, comprehensive, networks of local programs and agencies. 2. Adolescents will be supported through continuous case management in developing a sense of themselves as worthwhile, capable individuals and parents. 3. Relationships among adolescents, their families and their support networks will be healthy and mutually enhancing. 4. Adolescents served by the AFLP will use health care resources to achieve and maintain optimal physical and mental health. The pregnant and /or parenting adolescents will utilize available services for their children and partners. 5. Adolescents and their partners will make healthy lifestyle decisions for themselves and their children. 6. Adolescents will deliver healthy babies. 7. The adolescents served by the AFLP and their partners will develop educational and/or vocational goals for themselves. 8. Adolescents served by AFLP, their children and partners will live, work, and go to school in safe, healthy environments. 9. Adolescents and their partners 	<ol style="list-style-type: none"> 1. Pregnant and parenting teens attain a high school diploma or equivalent. 2. Assessment for placement in educational program and referral to needed social and health services. 3. Report card schedule development, monitoring and review to determine progress towards earning a high school diploma or equivalent. 4. Determination of fiscal incentives for satisfactory or unsatisfactory progress. 5. Determination for supportive services (transportation, childcare and ancillary expenses). 6. ISP development and monitoring to determine effectiveness of the plan. 7. Referrals to other social services as needed by the client. 	<p>To help break the cycle of poverty and illiteracy by improving the educational opportunities of the nation's low income families by integrating early childhood education, adult literacy or adult basic education, and parenting education into a unified family literacy program.</p>

Cal-SAFE	Early Head Start	AFLP	Cal-Learn	Even Start
screening and immunizations. 11. Children of enrolled teen parents will have enhanced school readiness, demonstrate progress towards meeting their assessed developmental goals		will plan for the prevention of unintentional pregnancies.		
Must be offered by program	Provide or refer as appropriate.	Yes, as needed by client	Included if needed by client	Must provide intensive services in early childhood education, adult education, parenting education, parent and child time together
Must be offered by program	Provide or refer as appropriate	Yes, as needed	N/A	
Allowable expenditure	Provide or refer as appropriate	Yes, as needed by client	Included if needed by client	
Allowable expenditure	Provide or refer as appropriate	Yes, as needed by client or provided by referral	Included if needed by client	
Allowable expenditure	Provide or refer as appropriate	Varies by agency	Support Service	
Allowable expenditure	Provide or refer as appropriate	AFLP case management is an interactive process that includes (1) outreach and case finding, (2) intake, (3) assessment and ongoing assessment, (4) planning, (5) intervention, (6) monitoring of service provision, (7) advocacy on behalf of clients, and (8) evaluation of service delivery. It is conducted within a supportive multi-and transdisciplinary network. It is client-centered, culturally appropriate, and goal oriented.	Cal-Learn case management includes (1) referrals to community services needed to assist teen to continue or return to school, (2) monitor teen through monthly contacts, (3) assess progress toward plan goals and make changes as necessary, (4) identify the needs for and method of providing supportive services, (5) Act as counselor, colleague and role model so that the teen has someone to trust and turn to for guidance, (6) ensure teen understands program requirements and consequences of not making adequate or satisfactory progress.	
Allowable expenditure	Provide or refer as appropriate	Yes, as needed by client	Included if needed by client	
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Meal Supplements for Pregnant and Lactating Students	Required. Meal supplements or snacks based on previous PALS requirements.	N/A	N/A	N/A	
School Safety and Violence Prevention	Allowable expenditure	Provide or refer as appropriate	Yes, as needed by client	N/A	
Academic Support	Allowable expenditure	Provide or refer as appropriate	Yes, as needed by client	N/A	
Youth Development	Allowable expenditure	Provide or refer as appropriate	Yes, currently being incorporated into Comprehensive Baseline Assessment and ISP.	N/A	
Career Counseling, Preemployment Skills, Job Training	Allowable expenditure	Provide or refer as appropriate	Yes, as needed by client	Included if needed by client	
Substance Abuse Prevention, Education, Treatment	Allowable expenditure	Provide or refer as appropriate	Prevention and education; treatment by referral.	Included if needed by client	
Mental Health Assessment, Intervention, Referrals	Allowable expenditure	Provide or refer as appropriate	Assessment, support, and referral.	Included if needed by client	
Crisis Intervention, Counseling, Suicide Prevention	Allowable expenditure	Provide or refer as appropriate	Assessment, support, limited counseling, and referral.	Included if needed by client	
Peer Support Groups, Counseling	Allowable expenditure	Provide or refer as appropriate	Varies by provider	Included if needed by client	
Family Support, including Counseling	Allowable expenditure	Provide or refer as appropriate	Support, limited counseling, referral if needed.	Included if needed by client	
Child Abuse Prevention	Allowable expenditure	Provide or refer as appropriate	Yes, as needed by client	N/A	
Domestic Abuse Prevention, Education	Allowable expenditure	Provide or refer as appropriate	Yes, as needed by client	Included if needed by client	
Enrichment Activities	Allowed student support expenditure, Such as Field trips	Provide or refer as appropriate		N/A	
Transition Services <i>Child</i>		To Head Start or other child development program at Age three years.			
<i>Parent/Student</i>	Transition to post secondary education training, employment	Transition plan involves parent.	Included as needed by client	Transition to Cal-WORKS	
Support Services for Extended Family	Allowable expenditure	Provide or refer as appropriate	Included as needed by client	Included as needed by client	
Outreach Activities	Allowable expenditure	Provide or refer as appropriate	Outreach is an on-going program	Agencies are required to develop	

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		requirement that involves informing agencies, service providers and potential clients of program eligibility requirements, and program services.	and maintain collaborative relationships with local services providers and other State and local agencies to assure comprehensive systems of care for children and adolescents. Cal-Learn also has a brochure available which explains the program.	
AFLP and Cal-Learn and other programs serving expectant and parenting teens. <ul style="list-style-type: none">prevent duplicationmaximize resources	Yes, may be required by approved application.	Agencies are required to develop and maintain collaborative relationships with local service providers and other State and local agencies to assure comprehensive systems of care for children and adolescents.	AFLP, Cal-Safe and other programs serving expectant and parenting teens. <ul style="list-style-type: none">prevent duplicationmaximize resources	Adult Education, Child Development Division, Title I
GradStar CCD801A	Family and program specific data is collected yearly for a Program Information Report. Some California Head Start Agencies use a data collection system called HSFIS.	LodeStar (MIS) is utilized for ongoing data collection and program evaluation. A formal program evaluation was conducted by USC in 1990. A limited outcome evaluation using Lodestar data was conducted by Maternal and Child Health (MCH) Epidemiology and Evaluation staff in 1999.	LodeStar-management information system Stat 45-monthly caseload movement report. A formal evaluation was conducted by UC Data, UC Berkeley in June 2000.	Annual evaluation by external evaluator using Indicators of Program Quality
Allowable expenditure for Cal-SAFE staff, and school staff.	Yes	Extensive training and technical assistance is provided to AFLP administrators, supervisors and case managers under MCH contract.	Training as needed by the case manager	
May be used as a strategy to deliver student support services.	Required for home-based EHS participants. Home visitor provides comprehensive adult focused-services for children and their families. Through home visits and group socialization activities.	AFLP Scope of Work requires a minimum of monthly contact and quarterly home visit for each enrolled client.	Monthly contact by the case manager is required, but may not be a home visit.	